



Fairbanks Volleyball Association House Rules

Duties of the **FIRST TEAMS TO ARRIVE AND LAST TEAMS TO LEAVE** will be as follows:

1. The teams scheduled for the first match of the night are to cooperate with referees and other players in setting up the nets as soon as possible after other gym activities have been completed.
2. When the last matches of the night are over, help the referees and other players put away unused balls by returning them to the equipment room.
3. Only after all matches of the night are completed shall the nets be taken down and returned to equipment room.

HOUSE RULES

USA rules will apply in general. Local rules will apply in all fairness where applicable. Prior to each match, team captains, coaches, and the referees should be clear on local rules. The following is a list of local rules with precedence:

1. Uniforms and numbers are not required.
2. No rotation on the first serves of your team. If team starts with 5 players, there is a one-point penalty and side out to the other team when the empty spot rotates into serve position.
3. Ceiling is not out as long as the ball does not cross the net.
4. Another ball or player entering your court creates an automatic replay. Players are encouraged to scream, "ball on" if this occurs. Safety is the priority here.
5. Forfeits: If a team is short players at start of the match, that team may start playing with five players. The team must have six players before the end of the first game to avoid a forfeit of match. If a team has less than 5 players at the scheduled match time or start time, a game is forfeit. The second game of the match is scheduled to start 10 minutes after the start time of the first game, the team now must have six players to start the second game of the match or the match is forfeited. For coed leagues, all above applies, but when starting with five players there must be three women and two men or Vice versa to start the first game.
6. Serve receive can involve setting technique.
7. Any match of the night may start early if both teams agree to do so and the court is available.
8. Any unofficial games taking place after a forfeit must finish at their scheduled ending time.
9. In leagues other than 'A', referees have been instructed to let minor ball handling violations go. The obvious scoops, hooks, and slam-dunks will be called. Please confer with the referee if the calls are too tight or too loose. Confer with your League Representative if the calls are inconsistent between the two teams.
10. Substitutions during a game must be consistent: either you rotate players in at a given position (server's position is common), or you can substitute as per standard volleyball rules. See referee with questions.
11. Players may assist the referee in calling balls "in" or "out" which land out of sight of the referee. A replay may be called at the referee's discretion.
12. No time outs allowed during the last 5 minutes of playable match time.
13. Matches consist of 2 individual games. Points and wins are based upon these individual games, not overall match wins. There will be no 3rd games.
14. The duration of the second game will not exceed the match duration of 40 minutes. The winner of the second game will be whichever team is leading at the end of regulation time. If the game is tied, a single serve by the team scheduled to serve will determine the victor.
15. Referees shall call a ball dead immediately by blowing their whistle when a ball or person crosses into another court. A player is in violation of this rule any time they enter another court whether they played the ball before they entered or not. This is to be done regardless of whether or not another game is currently being played on that court. Safety is a priority here.
16. Both teams must agree on which volleyball will be used for the match.
17. A and B-Level Leagues may play with one ghost player.
 - a. If a team starts with 5 players, the 6th player must be entered as "G" on the line up sheet and must be maintained in the rotation.
 - b. When it is the ghost player's turn to serve, the referee will award an immediate point/side-out to the receiving team. Teams playing with a ghost are eligible for tournament playoffs.
 - c. A ghost player may be substituted for an injured player with an abnormal substitution if and only if there are no other players of the same sex of the injured player on the bench. The normal injury time-out is allowed prior to substituting a ghost for the injured player. If a ghost player replaces an injured player, the injured player may not re-enter the set.
 - d. A team may substitute a player from its roster for the ghost at any time, if there were no other players on the bench when the ghost entered the set.
 - e. If a player is expelled or disqualified, a ghost player may not be substituted for that player. If the team has five players or fewer after the sanction, they shall be considered an "Incomplete Team" as defined by USAV, and forfeit the game.

18. The Association will play by standard USA volleyball rules.
 - a. Games to be played by rally point scoring to 25, win by 2. (Unless time expires)
 - b. Net serves are playable
 - c. Balls hit with foot are playable
 - d. Double hits on serves are allowed
 - e. Blocks are not considered touches
 - f. All net touches by any part of the body (except hair) are violations. The ball pushing the net into a player is NOT a fault.
 - g. Your foot or any part of the body may NOT entirely cross the centerline under the net regardless if there is interference or not.
 - h. Any touches of the backline on the serve is considered a foot fault.
 - i. Any portion of the ball that hits the line is considered in play.
 - j. Must wait for the whistle to serve.

RULE CLARIFICATIONS

1. It is illegal to cross the centerline; your foot and hand can be on or above.
2. It is illegal to block or spike the serve.
3. A back row attacking player must take off from behind the ten-foot line in order to contact a ball that is clearly above the height of the net, directing it back over.
4. Coed "A" allows blocking by back row players if only one player of that gender starts in front row on that serve.
5. Standard USA Coed rules are enforced only for the A league. Standard six-person rules apply everywhere else with the exception that 3 men and 3 women are required to play Coed B/C.

GYM RULES AND DISCIPLINE

The following restrictions apply when any FNSB school is the site of an FVA event:

1. There will be no smoking, alcoholic beverages, or drugs allowed in the entire building.
2. No street shoes or boots are allowed on the gym floor.
3. If any school activity (e.g., wrestling or volleyball games or practice) is in progress when players arrive at the gym, they shall wait quietly at the entrance until such activities are concluded. Do not start hitting balls, running across the floor, etc.
4. Because of the large number of participants, use of volleyballs and gym space is limited strictly to FVA players on the teams scheduled that evening. Children and spectators are not to play with volleyball during warmups or game time.
5. Volleyballs are not to be kicked, removed from the gym, or used in hallways, outdoors, or in bathrooms.
6. The equipment room is not a self-service area. Please stay out of the equipment room, coach's offices, and other school rooms. We are not allowed to use Ryan's volleyballs, equipment, or other school areas.
7. It is strongly recommended that children not be brought into the gym. If children are present in the gym, they must be under direct adult supervision at all times. This adult CANNOT be the parent that is playing volleyball. If we have children playing with balls in the gym or hallways, interrupting match play, or just wandering around, the parent's team will lose one point each time this is brought to the referee's attention. After three separate point deductions, that parent is no longer eligible to play that night.
8. Unsportsmanlike conduct, for example, but not limited to, fighting, drunkenness, arguing with referees or officers, shall be punished by referees or officers according to USA rules: Warning, point/side out penalties, or player disqualification shall result.
9. Disciplinary rules regarding the conduct of children in the gym area will be posted or available each night, including Wednesday and Friday night open gyms. Rules will be posted at gym entrance or available from the Maka' Ala Director or Assistant Director. Rules will be strictly enforced.
10. Ryan's Friday night Open Gym challenge court will utilize a written sign-up method to ensure waiting players/teams have a fair opportunity to play on the challenge court. A clipboard for sign up is located on the challenge court. The written method will be used on the other two courts as needed. A team will play as the challengers when they come on the court. That team will remain on the court for a second game, regardless of the outcome of the first game, for a new challenger team to play. A player may only be signed up for one match at a time on the challenge list.
11. All players must sign the Child Protection Policy, adopted 2008, regarding the conduct and safety of children in and around the courts. This signed copy will be attached to the team players roster. (adopted 2008)
12. Maka' Ala open gyms will be managed at the discretion of the Director/Assistant.